About the FreeStyle Libre 14 day sensor

Your new sensor provides two weeks of continuous glucose monitoring (CGM). Using a thin, flexible filament inserted just under the skin, it's able to measure your glucose every minute.

You'll find essential information on applying and using the sensor in the enclosed "Getting Started Guide."



Let's Connect!

To use your FreeStyle Libre 14 day sensor with Omada, you'll need to get data flowing from the FreeStyle LibreLink app to your Omada account. Here's how:

STEP 1 — Follow the instructions in the enclosed "Getting Started Guide" to:

- Download the FreeStyle LibreLink app²
- Create an account
- Apply the sensor
- Complete your first scan

²The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check our compatibility guide for more information about device compatibility before using the app. Use of the FreeStyle LibreLink app requires registration with LibreView, a service provided by Abbott and Newyu,Inc. Use of the FreeStyle LibreLink app requires registration with LibreView, a service provided by Abbott and Newyu,Inc.



STEP 2 – Log into Omada and connect your FreeStyle LibreLink account.

In the Omada mobile app (download it now, if you haven't already), select "Connect Your CGM" on your homepage. Once connected, open the FreeStyle LibreLink app and scan your sensor to get new glucose readings.



STEP 3 — Scan often!

The sensor stores a max of 8 hours of data, so scan at least once every 8 hours to avoid gaps in your glucose history. To learn more and help your Omada Care Team guide your progress, scan multiple times per day.



You won't see glucose readings for the first hour while your sensor warms up.

We're Here to Help

Have questions? Here are 3 ways to get more info:

- Go to support.omadahealth.com
- · Send an email to support@omadahealth.com
- Call us at (888) 409-8687

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Indications and Important Safety Information

The FreeStyle Libre 14 day Flash Glucose Monitoring System is a continuous glucose monitoring (CGM) device indicated for the management of diabetes in persons age 18 and older. It is designed to replace blood glucose testing for diabetes treatment decisions. The System detects trends and tracks patterns aiding in the detection of episodes of hyperglycemia and hypoglycemia, facilitating both acute and long-term therapy adjustments. Interpretation of the System readings should be based on the glucose trends and several sequential readings over time. The System is intended for single patient use and requires a prescription.

CONTRAINDICATIONS: Remove the sensor before MRI, CT scan, X-ray, or diathermy treatment.

WARNINGS/LIMITATIONS: Do not ignore symptoms that may be due to low or high blood glucose, hypoglycemic unawareness, or dehydration. Check sensor glucose readings with a blood glucose meter when Check Blood Glucose symbol appears, when symptoms do not match system readings, or when readings are suspected to be inaccurate. The FreeStyle Libre 14 day system does not have alarms unless the sensor is scanned, and the system contains small parts that may be dangerous if swallowed. The FreeStyle Libre 14 day system is not approved for pregnant women, persons on dialysis, or critically-ill population. Sensor placement is not approved for sites other than the back of the arm and standard precautions for transmission of blood borne pathogens should be taken. The built-in blood glucose meter is not for use on dehydrated hypotensive, in shock, hyperglycemic-hyperosmolar state, with or without ketosis, neonates, critically-ill patients, or for diagnosis or screening of diabetes. When using FreeStyle LibreLink app, access to a blood glucose monitoring system is required as the app does not provide one. Review all product information before use or contact Abbott toll-free 855-632-8658 or visit www.FreeStyleLibre.us for detailed indications for use and safety information. For full indications for use and safety information, visit https://www.FreeStyleLibre.us/safety-information.html.

Learn More from CGM with Omada

Continuous glucose monitoring (CGM) provides a more complete view of your glucose. What are your highest points of the day? Are you going out of range overnight? How quickly do different foods raise your glucose? When you use your FreeStyle Libre 14 day sensor with Omada, you'll learn all of the above (and more).

Each time you scan your sensor with the FreeStyle LibreLink app, your glucose readings will automatically upload to Omada – giving you and your Omada Care Team a wealth of data to work with.

³Based on the sensor being replaced once every 14 days, and scanned at least once every 8 hours.

Smarter Glucose Tracking

Tracker, you can:

On your Progress page in the Omada app, select "Glucose" to see your readings and explore your tracking tools.

With your Omada Glucose

- See trends and patterns at-a-glance
- · Add notes and context to any reading
- Highlight readings to discuss with your coach
- Create reports to share with health care providers

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Connect Your CGM

Use the FreeStyle Libre 14 day system with Omada to gain aroundthe-clock¹ insight into your glucose.

¹Based on the sensor being replaced once every 14 days, and scanned at least once every 8 hours.