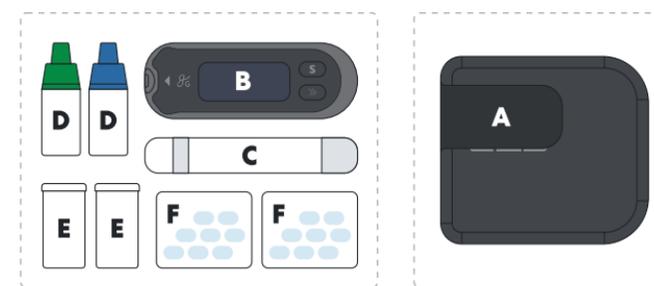


## What's in the Box

In the box on the left is a Greater Goods Essential Blood Glucose Meter (BGM), plus supplies for checking your glucose. On the right is a specially designed cellular case that securely transmits BGM readings to your Omada account via a cellular network. Together, they create a connected BGM — readings will appear in the Omada app and you can review them with your specialist.



- A. Cellular case
- B. Greater Goods Essential BGM
- C. Lancing device
- D. Control solution
- E. Test strips
- F. Lancets

## How to Assemble Your Connected BGM

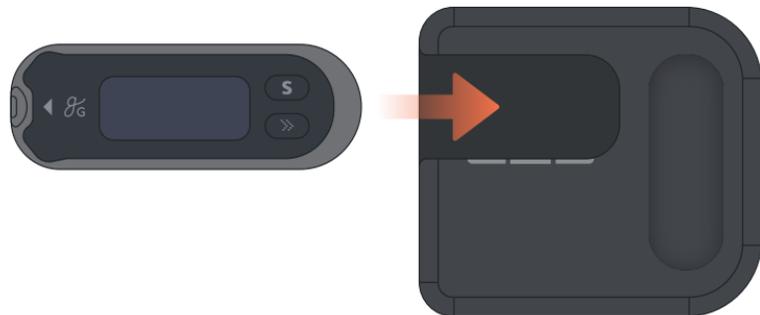
Putting the BGM and case together is a snap.

### Step 1. Insert batteries into the BGM.

You'll find 2 coin cell batteries in the small box with your BGM. For detailed instructions on how to insert (or change) the batteries in the BGM, see the enclosed BGM manual.

### Step 2. Slide the BGM into the cellular case.

Line up the right side of the BGM with the opening on the left side of the cellular case, as shown below. Slide the BGM into the cellular case until you hear a click. (The buttons on the BGM are intentionally covered by the cellular case — you won't need them to operate the connected BGM.)



**TIP:** Keep the BGM in the cellular case when taking a reading to ensure that your reading is sent immediately to Omada.

### Step 3. Remove the plastic tab from the back of the cellular case.

The cellular case is already loaded with 3 AAA batteries. To activate them, flip the cellular case over, and remove the plastic tab from the battery compartment. You now have a connected BGM!

**Your connected BGM is ready to transmit your glucose readings to Omada.** Please see the enclosed BGM manual for instructions on how to:

- 1 Take a blood glucose reading
- 2 Read the BGM display

**TIP:** After your first reading, you'll receive an email letting you know that your connected BGM is working.

## Test Strips Delivered When You Need Them

Your BGM comes with an initial supply of test strips and lancets. While you're enrolled in Omada, we'll keep track of how often you use a test strip with your meter and how many strips you have left. When your supply is running low, we'll send you an email confirming that more strips and lancets are on the way, at no cost to you.



## Understand Your Glucose with the Help of Your Specialist

As you start Omada, your specialist will review your glucose readings and help you:

-  Identify trends and patterns
-  Troubleshoot highs and lows
-  Balance glucose with food and activity
-  Overcome everyday challenges

Your specialist will address any very high or very low readings with you. If you opt-in to 24/7 Blood Glucose Phone Support, you can receive more immediate support. See [www.omadahealth.com/24-7](http://www.omadahealth.com/24-7) for details.

## We're Here to Help

### Have questions?

Go to [support.omadahealth.com](https://support.omadahealth.com)

### For more tips on measuring blood glucose, go to:

[www.omadahealth.com/connected-bgm](https://www.omadahealth.com/connected-bgm)



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## Glucose Levels in Omada

This table shows the glucose levels used in the Omada program.\*

LEVEL	GLUCOSE (MG/DL)
Very High	>250
High	181–250
In Range	70 - 180
Low	54 - 69
Very Low	<54

\*Please note that the Greater Goods Essential BGM display does not label readings according to these levels. "HI" will appear on the meter display if a reading is >600, while "LO" will appear if a reading is <20.

## Light Decoder

How to read the lights on your connected BGM.



**Three blue lights:** Initial connection to Omada successful



**Lights off:** Standby mode — insert test strip to wake BGM and take a reading



**Three green lights:** Reading successfully sent to Omada



**First light red:** BGM disconnected from cellular case — try re-inserting the BGM



**Second light red:** Weak/no cellular signal — move to a location with a stronger signal



**Third light red:** Reading not sent (reasons can vary) — contact Omada support



**Three red lights:** Batteries in cellular case running low — insert 3 new AAA batteries



## Get Started with Your Connected Blood Glucose Meter

Learn more from every fingerstick with automatic glucose tracking and a dedicated specialist.