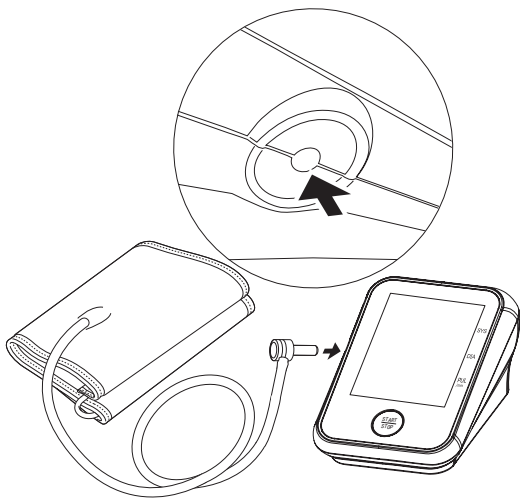


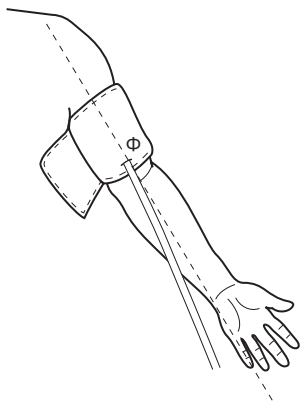
Securing the Cuff

1. Plug the connector on cuff tube into the device.



2. Expose your left upper arm by removing or adjusting clothing and jewelry. Make sure blood flow is not constricted by a rolled up sleeve.
3. Open the cuff and loosen fully.
4. Orient the cuff so that the tube exits towards the hand.
5. Place your arm through the cuff loop, with your palm facing up.
6. Position the cuff's edge about an inch (2-3 cm) above the elbow.

- 7.** Align the Φ marker (located to the right of tube exit) with the center of your arm.



- 8.** Tighten the cuff evenly around your arm by pulling on the end — make sure the Φ marker stays aligned with the center of your arm.
- 9.** Wrap the end of the cuff over your arm to secure it in place. Don't make it too tight — allow a finger to fit between the cuff and your arm.

